



PSYCHOLOGICAL RESOURCE ASSOCIATES

A community-based mental health practice serving private clients, public education agencies, and their employees

PROSPECTUS



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Psychological Resource Associates was first established by Dean A. Dickerson, Ph.D. in 1979 and was joined by Susan Hoskins Dickerson, L.C.S.W. in 1982. The practice focused on private practice, community-based mental health services, and Employee Assistance Programming (EAP), a new concept at the time. Dean completed the first EAP training offered by the State of California in 1979 and shortly after an EAP was offered to the Yolo County governmental employees and their families.

Since 1985 Psychological Resource Associates (PRA) has been the EAP provider for the Davis Joint Unified School District (DJUSD) and the Yolo County Office of Education (YCOE).

Annual Satisfaction Surveys have shown that DJUSD and YCOE employees regard their EAP as one of the most significant and important benefits their agency provides. Over the last 37 years these programs have increased their EAP benefit levels as a result of the positive feedback from the employees.

Many Yolo/Sacramento County area clinicians began their professional careers with PRA. This partnership has proved to be beneficial to all involved: private clients, local governmental agencies, their employees, and mental health professionals.



DJUSD Employee Assistance Program:

In 1984 the DJUSD benefit was limited to 5 sessions for the employee and 5 sessions for one family member. In July 2013 EAP Plus began which allowed employees to receive additional sessions if approved by Human Resources or the therapist felt the District was at financial or legal risk. In July 2018 the benefit was increased to 10 sessions for all employees. In July 2019 access to additional sessions through the EAP Plus became more liberal with administrative staff, counselors, and at-risk employees having unlimited EAP sessions available to them. In July 2020 EAP Co-Pay began.

Currently: All employees and their family members have 10 sessions available at no charge. They can continue with a \$30 co-pay for an unlimited number of sessions. Last fiscal year 36.5% of the employees continued their counseling.

YCOE Employee Assistance Program:

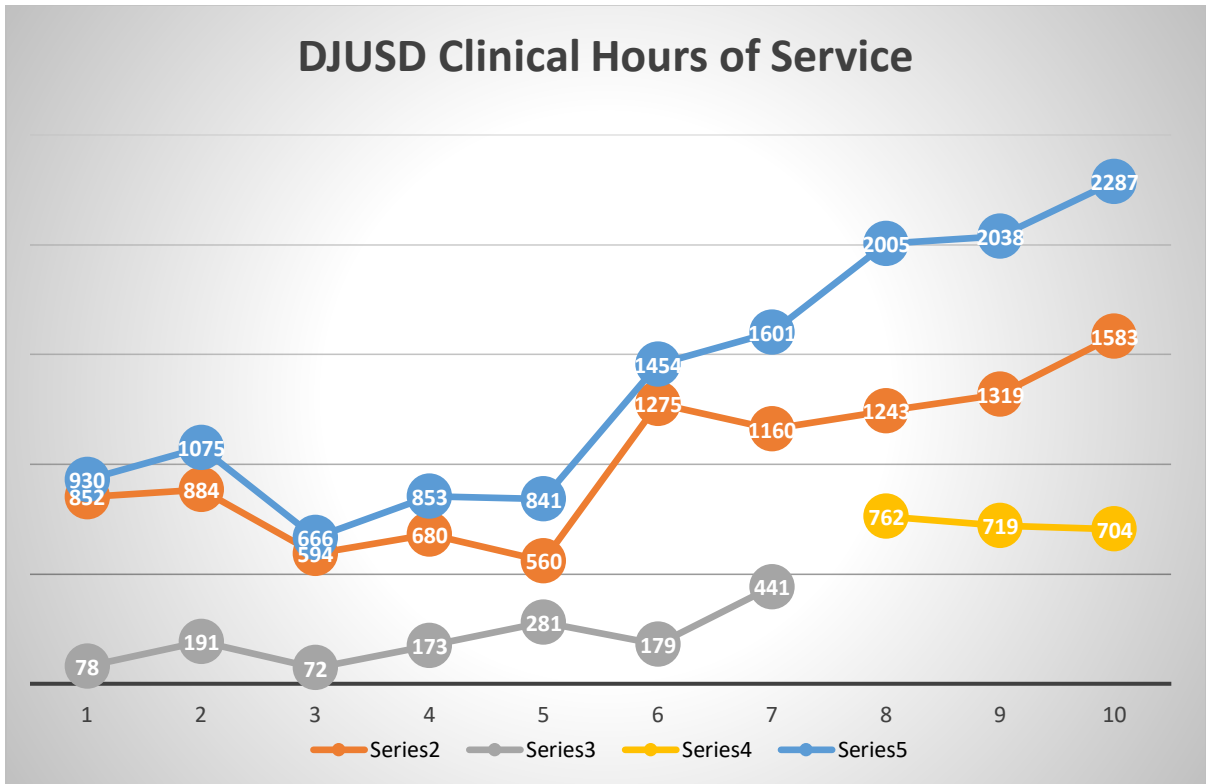
Previously YCOE offered the 1st EAP session at no charge and 7 additional sessions with a \$10 co-pay.

Currently: In July 2022 the Yolo County Office of Education offers its employees 10 initial free sessions with the option to continue for another 10 sessions with a \$30 co-pay.

DJUSD UTILIZATION OF SERVICES

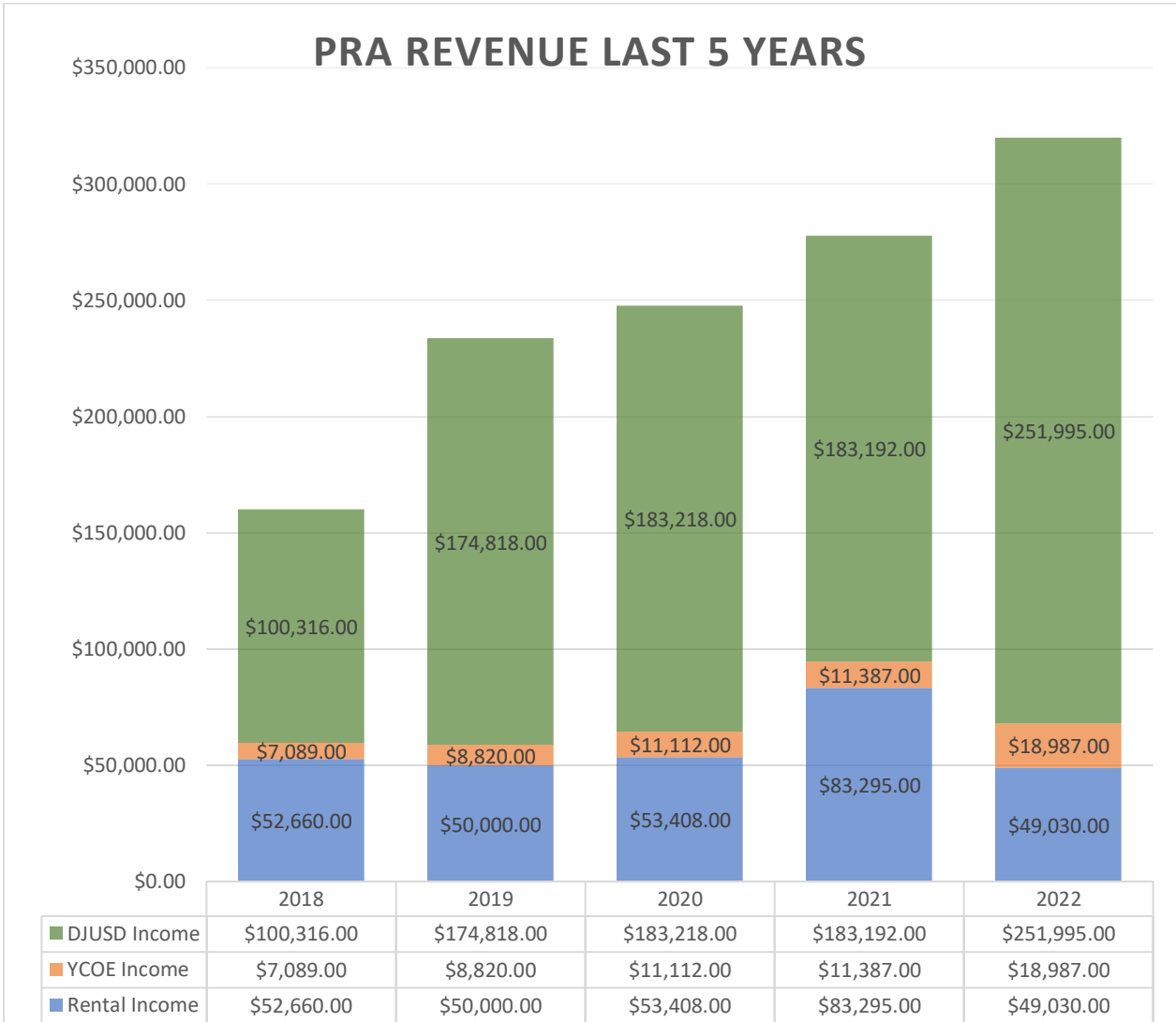


DJUSD Clinical Hours of Service





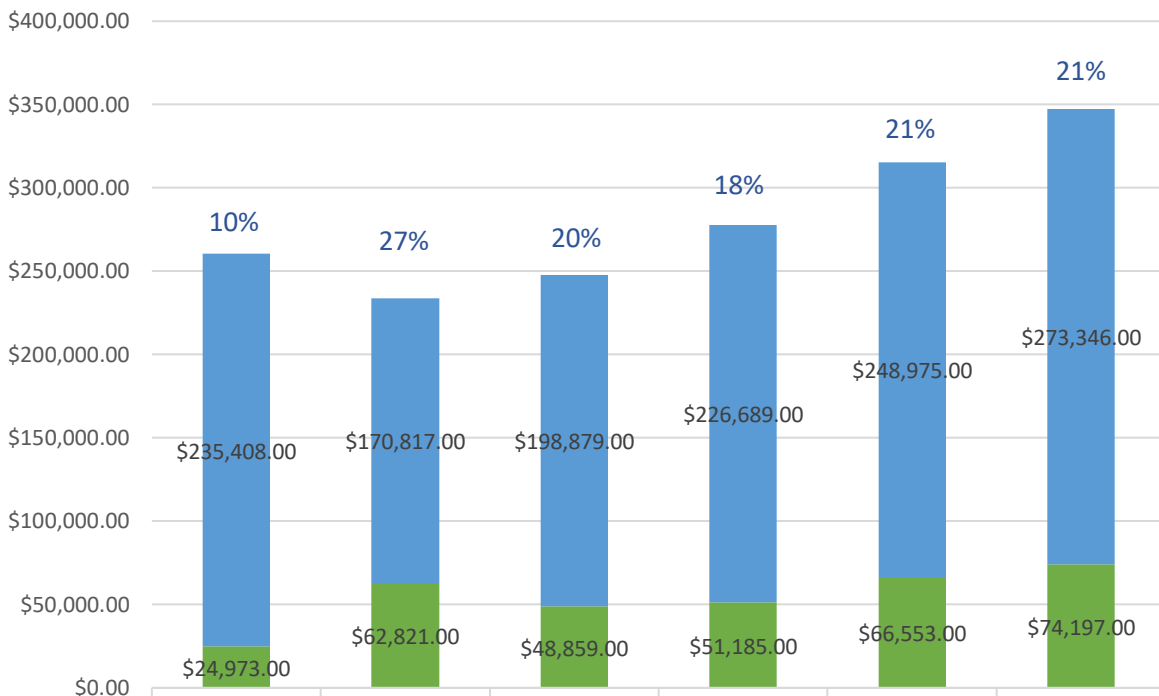
**REVENUE
OVER THE LAST 5
YEARS**





NET INCOME OVER
LAST 5 YEARS

NET PROFIT



	2018	2019	2020	2021	2022	2023
Expenses	\$235,408.00	\$170,817.00	\$198,879.00	\$226,689.00	\$248,975.00	\$273,346.00
Net Income	\$24,973.00	\$62,821.00	\$48,859.00	\$51,185.00	\$66,553.00	\$74,197.00



*2023
PROJECTED
INCOME

Beginning in July 2022, significant increases in the DJUSD and the YCOE EAP contracts occurred.

For the **DJUSD contract**, the monthly administrative fee increased from \$859/month to \$2400/month. Fees for psychologists increased from \$130/session to \$140/session. Fees for LCSWs and LMFTs increased from \$96/session to \$100/session. Employees and family members have unlimited sessions with a \$30 co-pay after the first 10 sessions.

For the **YCOE contract**, the administrative fee increased from \$120 to \$480/month. Clinician fees are the same as the DJUSD contract. Employees and family members have 10 additional sessions with a \$30 co-pay after the first 10 sessions.

The **projected Total Income** is based on the terms of the current contract and the invoices for July, August, September, and October and extrapolated out for the entire year. The Net Income is based on the current return of 21%.



FUTURE
GROWTH

With its 37 years of experience with public educational agencies, Psychological Resource Associates is uniquely positioned to take advantage of the current demand for mental health services.

District faculties, staff, and their families are experiencing high levels of stress. Demand for teachers is very high and districts are interested in providing benefits that support teaching staff. Local school districts have expressed an interest in expanding their Employee Assistance Programming.

Under the right leadership, the program growth of Psychological Resource Associates could be considerable.

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